



Dear Campers,

We are happy and honored that you will be a part of a Christ centered summer here at Shetek Lutheran Ministries. Wet & Wild is a joint program of Shetek Lutheran Ministries, Pathways Outdoor Ministries and Luther Crest Bible Camp. We are excited to welcome you to camp! Please read the enclosed information carefully so that you will know what to expect for your time at camp. If you have additional questions before your arrival, please contact us.

- The Shetek Lutheran Ministries Staff

Arrival Time: Sunday 8:30 – 9:00 am

The group will depart at 9:00 am.

We will travel together to Camp Emmaus where we will unload, get settled in, meet the rest of the Wet & Wild group and have an orientation. Camp Emmaus is located about 12 miles south of Park Rapids, MN.

Departure Time: Friday 3:00 pm Departure

Shetek Lutheran Ministries

14 Keeley Island Dr.
Slayton, MN 56172

(507) 763-3567

camp@shetek.org

www.shetek.org



Directions to SLM

SLM is located in South-western Minnesota about 8 miles north of Slayton on Lake Shetek.

For more detailed directions go to SLM's website.

From Highway 59: From the north or the south, turn east on Valhalla Rd. You'll follow Valhalla for about 2 miles and will cross three causeways. The road will fork, but stay to the left. Follow signs for Shetek Lutheran Ministries which will be on your left.

Coming from the West or East: Take Highway 30 to Highway 59. Go north on Highway 59 then follow the directions above.

PACKING LIST

- Completed Challenge Course & Health Forms, Medications
- Tennis Shoes – for Challenge Course/on-site camp
- Clothes - for on-site camp (layers)
- Towel, Soap & Shampoo

RIVER GEAR

- Sleeping Bag (Stuff Sack/compact is best)
- 1 set of wet/river clothes, including swimsuit (modest)
- 1 set dry/sleep clothes, including socks (wool is best)
- Sweatshirt (Nights may be chilly)
- Wet Shoes - (Closed-toed Sandals w/backs or old tennis, no flip flops!)
- Personal Toiletries - Toothbrush, Deodorant, Soap, etc. (Travel size, Biodegradable is best - Dr.Bronner's)
- Sunscreen & Bug Spray
- Rain Gear – (Jackets work better than ponchos)
- Water Bottle

OPTIONAL ITEMS You *May* Bring:

- Pillow (Travel size, sweatshirts/lifejackets also work)
- Dry/Camp shoes (small & lightweight to fit in dry bag)
- Small camp towel (for on the river)
- Flashlight
- Hat/Sunglasses
- Camera
- Bible (We will have a few to share)
- Fishing Gear
- Snack Money

When packing for camp, you may want to mark camper's belongings with his/her name. You will be provided with a water-resistant bag (roughly 13 gallon size) to re-pack only the limited belongings that you'll need while on the river. Your extra clothes will be available once you get off the river. Bring clothing that can layer - conditions on the river can vary a lot, even in a 2-3 hour time period. **Please leave all valuables at home.**

Please Do Not Bring:

- cell phone
- electronics of any kind (iPod, video games, etc.)
- fireworks
- weapons
- tobacco, alcohol, or drugs
- snacks

CAMP LIFE

Day-to-Day: On Sunday, campers will travel from SLM to Camp Emmaus (one of Pathway's Camps, just outside Menahga, MN) Here campers will meet the full Wet and Wild group, go through a program orientation, take a swim test, re-pack for the week's travels and spend their first night at a secluded camp site on Emmaus land. Sunday night, campers will be busy setting up camp, experiencing the Pathways Challenge Course, and having a worship experience. Monday, Tuesday, and Wednesday will be filled with camping and canoeing on the Crow Wing River which will be home for 3 days. Campers will end up 20 miles downstream from their initial starting point. Thursday morning campers will travel to Luther Crest Bible Camp (Alexandria, MN), where they'll enjoy waterskiing or a water park, watch a musical presented by the Luther Crest Staff, and spend time around the campfire together. Friday, campers will get to sleep in, eat brunch and join in a closing worship before traveling back to SLM. Campers will spend time growing as a community, exploring creation, and reading God's Word each day.

Meals: Most of the meals for the week will be prepared as a group and cooked with a camp stove or over the fire. Some meals *may* be shared in the Camp Emmaus or Luther Crest Dining Hall. If you have special dietary concerns, please be sure to notify camp ahead of time and indicate it on your health form.

Staff: The Wet & Wild Staff are young adults who are committed to safety, loving youth, and following Jesus. All summer staff complete an application, interview, background check, training, and are certified in CPR/First Aid.

Health Care: Your child's medical needs will be cared for daily. All our summer staff members are first-aid certified and trained in CPR. All medications will be turned in to the SLM Staff during registration. Campers will have the opportunity to discuss individual needs with during registration and/or orientation. If a camper becomes ill during the camp session, he/she will be treated according to written and approved doctor's standing orders. SLM Staff will notify a parent/guardian if your camper requires any advanced medical care beyond the basic care provided by the camp health staff. Please be sure to notify camp of any special physical or dietary needs before your arrival at camp so our staff can make proper arrangements. If you did not fill it out online, bring your completed health history form with you to camp!

Insurance Information: SLM carries secondary accident insurance on each camper but does not carry health or sickness insurance. In the event of an accident or sickness, medical bills will be sent directly to the camper's parents for their insurance to pay. Any expenses not covered by the family policy due to accident, may be sent to SLM to be submitted to camp's insurance company.

Code of Conduct & Challenge Course Consent Forms: All campers and parents should read through the enclosed behavior policy and sign the health form to acknowledge that you have read it. Please also take the time to complete the Pathways Consent form for the High and Low ropes Challenge course. It will be collected upon registration.

Camp Fees/Payments: Please bring final payments, excluding payments made by your congregation with you to camp. The balance of your camp fee is due upon arrival.

Camp Store (Canteen): Since Wet & Wild is an offsite program there is not a daily camp store time but daily snacks have been incorporated into the campers' day. However, you may send a small amount of money as campers will have a couple of opportunities to purchase snacks on their trip. The SLM store does have novelty and clothing items available for purchase and will be open upon departure on Friday for campers and their families to enjoy.

Mail and Phone: If you send mail, campers will not receive it until their departure from camp, as Wet & Wild is an offsite program and we do not deliver mail on a daily basis. We ask that campers leave cell phones at home as it distracts from the camp experience. If you need to reach a camper in case of emergency, please call SLM.

We look forward to welcoming you to camp!